



*Sharon Lee Williams, M.A.*  
SEX & RELATIONSHIP COACH



**Sharon Lee Williams is a sex and relationship coach for women and couples.**

She holds a master's degree in counseling and human relations and a bachelor's degree in social work. She is also a certified facilitator for Prepare Enrich, a program which equips couples for healthier relationships.

Married in 1997 and starting a journey of chronic illness in 2007, Sharon had always struggled with sexual difficulties. Then, after 19 years of marriage, she pursued sex therapy and finally learned the skills she needed to turn that bus of sexual disappointment around and get on the road of sexual fulfillment and vitality.

Drawing on her own experiences with marital and sexual healing, she focuses on:

- Equipping partners for vibrant relationships.
- Overcoming challenges to sexual intimacy.
- Mastering relational and sexual communication.
- Conquering sexual shame.

In her spare time, Sharon enjoys chocolate in all forms, spending time her husband with friends and family, art journaling, painting and playing her electric bass alongside her husband who plays piano.

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